

Education Wellbeing Service

Parent Webinars

Autumn Term SCHEDULE 2024

11TH SEPTEMBER

**Finding your Feet:
Emotional Wellbeing and
Starting School or Nursery**

For early years primary school
parents & carers

23RD SEPTEMBER

**Through the School Gates-
Overcoming Daily Challenges
Getting into School**

For all primary school parents &
carers

25TH SEPTEMBER or 7TH
OCTOBER

**Parenting a primary age child
with Autism**

For all primary school parents &
carers

12TH or 14 NOVEMBER

**Supporting Big Emotions at
Home and School- The Zones of
Regulation**

For all primary school parents &
carers

25TH or 29TH NOVEMBER

**Building resilience in primary
school children**

For primary school parents of children
with an ASC diagnosis (any age)

We also provide free 1:1 early support for parents of primary aged children to support their child's common worries and anxieties or support children's tricky or challenging behaviours, speak to your school to find out more

Scan the QR Code or follow the
link to Sign Up to any of these
free local NHS parent webinars
and hear more

[Click here
to sign up](#)



Education Wellbeing Service

Parent Webinars

Spring & Summer Term SCHEDULE 2025

15TH January

Understanding and supporting ARFID

For all primary school parents & carers

28TH or 29TH January

Understanding And Supporting Your Child's Sleep

For KS2 parents & carers

25TH or 27TH February

Supporting Common Child Anxieties and Worries- Including Around Exams

For Year 6 parents & carers

9TH or 12TH May

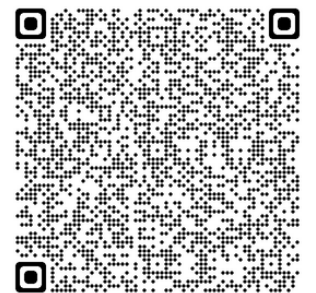
Promoting Sibling Harmony

For all primary school parents & carers

INSTRUCTIONS

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Education Wellbeing Service

Parent Workshops

Spring & Summer Term Schedule 2025

6TH OF May

Supporting The Development of Healthy Body Image in Children

For all primary school parents &
carers

TBC

Worry Ninja--Year 6 Transition into Secondary

For Year 6 pupils

Various Dates Across Summer Term

Worry Ninja- Supporting Confident Transitions to Secondary School

For Year 6 parents & carers

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