

# Parent Webinars

## Spring Term Schedule 2025

Scan the QR code or follow the links to sign up to any of these free local NHS parent webinars

16<sup>TH</sup> January 12.00-1.30pm

This workshop talks through the difference between picky eaters, problem feeders and ARFID

### Understanding and supporting ARFID

For all primary school parents & carers

Scan the QR code or [click here](#)



28<sup>th</sup> January 1.00-2.00pm



Scan the QR code or [click here](#)

28<sup>TH</sup> & 29<sup>TH</sup> January

### Understanding And Supporting Your Child's Sleep

For KS2 parents & carers

29<sup>th</sup> January 7.00-8.00pm

Scan the QR code or [click here](#)



25<sup>th</sup> February 7.30-8.30pm



Scan the QR code or [click here](#)

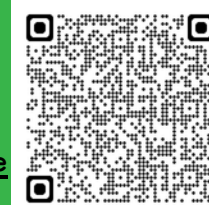
25<sup>TH</sup> & 27<sup>TH</sup> FEBRUARY

### Supporting Common Child Anxieties and Worries - Including Around Exams

For Year 6 parents & carers

27<sup>th</sup> February 12.30-1.30pm

Scan the QR code or [click here](#)



17<sup>th</sup> March 7.30-8.30pm



Scan the QR code or [click here](#)

17<sup>TH</sup> & 19<sup>TH</sup> MARCH

### Promoting Sibling Harmony

For all primary school parents & carers

19<sup>th</sup> March 1.00-2.00pm

Scan the QR code or [click here](#)



We also provide free 1:1 early support for parents of primary aged children to support their child's common worries and anxieties, or support children's everyday challenging behaviours. Speak to your school to find out more.

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