

# HELLO!

**I am a VIRUS,  
cousin with the Flu and  
the Common Cold**



## My name is Coronavirus

MANUELA MOLINA - @MINDHEART.KIDS

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I love to travel...



and to jump  
from hand to  
hand to say Hi

**HIGH  
FIVE**



# Have you heard about me?

YES

NO

And how do you feel when you hear my name?



Relaxed



Confused



Worried



Curious

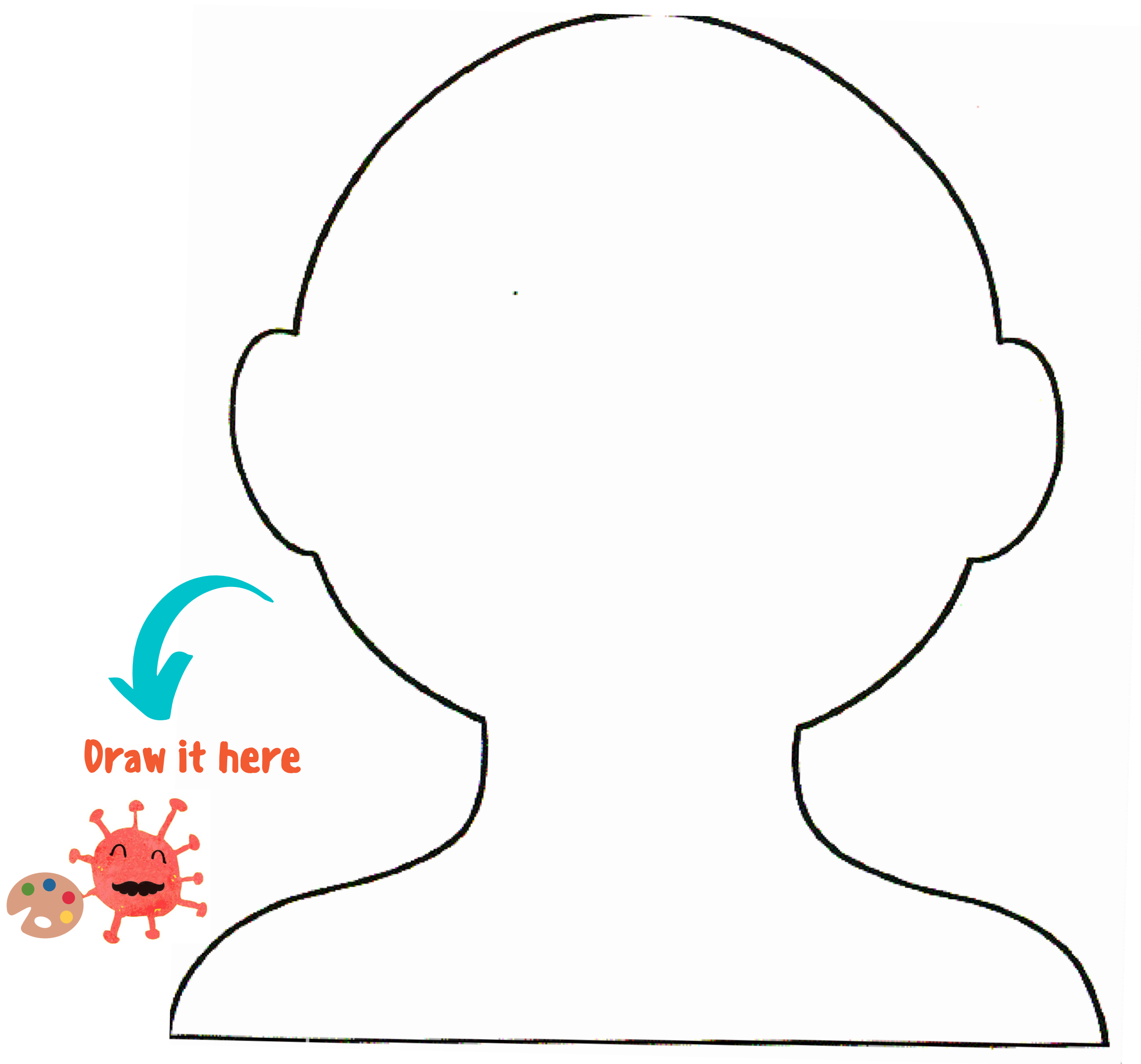


Nervous



Sad

**I can understand you  
feel...**



**...I would feel the same way**

Sometimes adults get  
worried when they read  
the news or see me on TV



**But I am going to explain myself...**



**So you can understand...**

**When I come to visit, I bring...**



**Difficulty breathing**



**Fever**



**Cough**

**But I don't stay with  
people for long, and almost  
everyone gets better**



**Just like when you get a  
scrape on your  
knee and it heals**

**BYE BYE...**





**It's normal to worry!**

**But the adults who take care of you:**

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**will keep you safe**



# And you can help...

1



**By washing your hands with soap and water while singing a song**



**You can sing your favorite song, the happy birthday song, or the alphabet song**

2



**By using hand sanitizer and letting it dry on your hands**



**Without moving them count to 10**

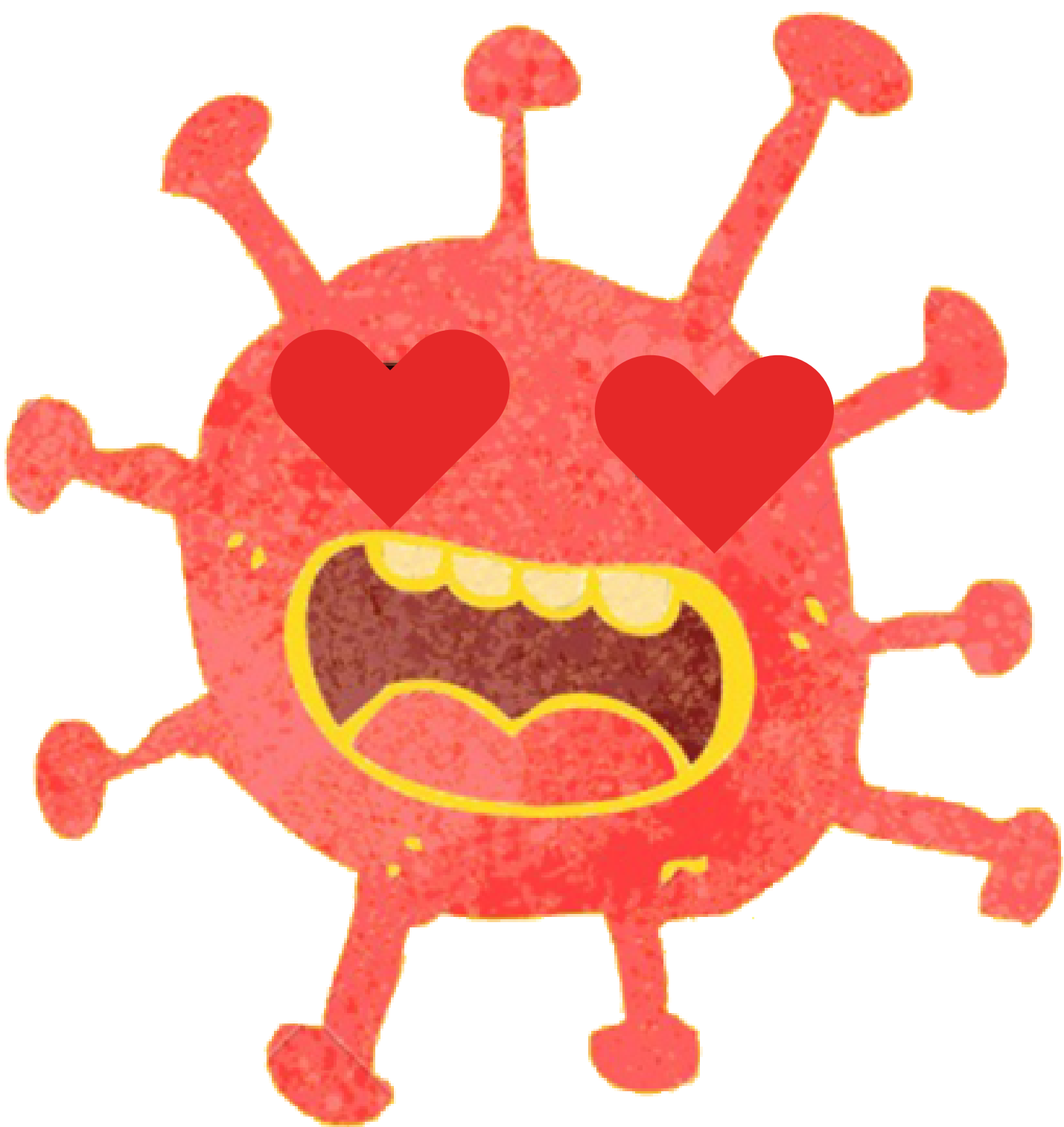
**1, 2, 3, 4, 5, 6, 7, 8, 9, 10**

**Once your hands are dry you can get back to playing!!**

**If you do all that and stay at home, it helps to stop me visiting so many people**



**while the doctors work to find a vaccine that will allow me to say hi without getting you sick.**



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# THE END



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