PSCHE Overview Autumn						
Lesson	**Year 1**	**Year 2**	**Year 3**	**Year 4**	**Year 5**	**Year 6**
Week 1 intro lessons	**L1 – Getting to know each other (games and activities)** **L2 – Worries** **L3 – Recap ZoR (read In My Heart and get children to make links)**					
2	**School/Eco Council introduction and discussion manifestos given out** Could look to get a visitor in – local MP?					
3	**British Values and School/Eco council manifestos read and vote**					
4	**Friendship**					
	Meesha Makes friends	**We Found a hat**	**The Squirrels who squabbled**	**The Koala who could**	**The is no dragon in this story**	**The Invisible Boy**
5	**Being You**					
	The New Jumper	**Incredible You**	**Perfectly Norman**	**I am enough**	**Stardust**	**You Are Awesome**
6	**Road Safety**					
	Toad's Road Code	**Toad's Road Code**	Road Safety	Road Safety	**UFTON COURT**	TFL Workshop
7	**Keeping Safe in School and at Home**					
	PANTS	PANTS	Speaking Out	Speaking Out	Independence/ Responsibilities	Independence/ Responsibilities
8	**Class Specific Lesson (basic plan if needed)**					
					Road Safety Map to School (Think!)	
HALF TERM						
9	**Happiness**			**Growth Mindset**		
	Where Happiness Begins	**Layla's Happiness**	**Happy Right Now**	**The Girl Who Never Made Mistakes**	**The Book of Mistakes**	**Happy Confident Me Journal**

10	**Resilience**					
	The Magical Yet	**My Strong Mind**	**Tilda Tries Again**	**Mabel and the Mountain**	**Michael Rosen's Sticky McStickstick**	**After the Fall**
11	**ANTI-BULLYING WEEK (separate plan)**					
12	**Diversity**					
	Welcome to our world	**Eyes that Kiss in the corners**	**A World For Me and You**	**The Name Jar**	**The Last Stop on Market Street**	**Sulwe**
13	**Online Safety**					
	Chicken Clicking	**Polly and the Screen Time Overload**	**Troll Stinks!**	**Goldilocks: A Hashtag Cautionary Tale**	Being respectful and responsible online Potential reading enrichment book: Ant Clancy – Games Detective	Visitor https://www.childnet.com/teachers-and-professionals/booking-a-childnet-visit/
14	**Class Specific Lesson (basic plan if needed)**					
15	**No PSCHE lesson due to concerts**					

PSCHE Overview Spring						
Lesson	**Year 1**	**Year 2**	**Year 3**	**Year 4**	**Year 5**	**Year 6**
1	**Overcoming Fear/ Worry**					
	Max the Brave	**The Dark**	**Jabari Jumps**	**The Lion Inside**	**Brave As Can Be**	**Me and My Fear**
2	**Sadness**					
	When Sadness comes to call	**The Heart and the Bottle**	**When Sadness Is At Your Door**	**Grandma Forgets**	**The Sad Book**	**The Colour Thief**
3	**Drugs**					
	How can we stay healthy?	Safe and unsafe situations	Why do people smoke?	Effects of alcohol on body	Risks and effects legal drugs	Effects risks of cannabis
4	**Drugs**					
	When do we take medicines and how do we take them safely?	Hazardous substances	Effects of smoking	Risks of alcohol	What are our attitudes and beliefs about drug use and drug users?	Substance abuse
5	**Drugs**					
	Who should give us medicines?	Safety rules school and home	Society and smoking	Society and alcohol	What strategies help to resist drug use?	Advice help and support
6	**Children's Mental Health Week (separate plan) + time for class specific needs**					
	HALF TERM					
7	**Challenging Stereotypes**					
	How to Be A lion	**Pink is for Boys**	**Mary Wears What She Wants**	**Ada Twist Scientist**	**The Bad Seed**	**Tough Guys have Feelings Too**
8	**Keeping Ourselves and Others Healthy and Safe**					
	Dental Health	Sleep	First Aid	First Aid	First Aid	Self-Confidence

9	**Anger/ Changing Feelings**					
	Allie all Along	**Ravi's Roar**	**The River**	**Angry Arthur**	**The Grand Hotel of Feelings**	**Sweep**
10	**Citizenship**					
	Super Manny Cleans Up (Taking care of your community)	**Who Will I Be?** (Considering what you could be that could help others)	**Stella and the Seagull** (Environmental Change)	**Flooded** (Collaboration within the community)	**Never Too Young: 50 Unstoppable Kids Who Made a Difference**	**Never Too Young: 50 Unstoppable Kids Who Made a Difference**
11	**Online Safety**					
						Online Bullying

PSCHE Overview Summer						
Lesson	**Year 1**	**Year 2**	**Year 3**	**Year 4**	**Year 5**	**Year 6**
1	**Citizenship**					
	Caring for animals	Pets	Wild animals	Sea animals	Animal Welfare	Global Citizens
2	**Changes**					
	Oliver's Vegetables (New experiences)	**Bad Bye, Good Bye** (Moving house)	**Everything Changes** (Family separation)	Finding the positives in change	What strategies help us cope with change?	How do we recognise our emotions and how can we accept responsibility for our actions?
3	**RSE Lesson 1**					
	Different friends	Differences	Body differences	Changes (life cycle)	Talking about puberty	Puberty and reproduction
4	**RSE Lesson 2**					
	Growing and changing	Male and female animals	Personal space	What is puberty	The reproduction system	Communication and relationships
5	**RSE Lesson 3**					
	Families and care	Naming body parts	Help and support	Healthy relationships	Puberty help and support	Families conception and pregnancy
6	**Class Specific (plan if needed)**					
HALF TERM						
7	**Anti-Bullying/ Mental Wellbeing**					**RSE Lesson 4**
						Online relationships
8	**Finance**					

	Ed and Bunny Earn Some Money	**Ed and Bunny Spend Some Money**	**Ed and Bunny Raise Some Money**	Ways to Pay (Young Enterprise)	Safe and Sensible Spending (Barclays Life Skills)	World of Work (MH)
9	**Finance**					
	Toy Time (MH)	Island Game?	Wants vs. Needs: To Buy or Not to Buy? (MH)	A Sporting Chance (MH)	A Sporting Fan (MH)	Household Budgeting (Young Enterprise)
10	**Online Safety**					
11	**Transition/ Worries**					
			A Better Best Friend			Social Media
12	**Transition/ Worries/ Prep for new school year**					
13	**End of school year – no planned lesson**					

Y6 Road safety link https://www.think.gov.uk/wp-content/uploads/2020/07/Tales-Of-The-Road-Print-Version.pdf

https://www.bbc.co.uk/bitesize/topics/zgnqfdm/articles/znv4dnb#zq6fb7h – Y5 online safety